

The Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.

Al-Anon Twelve Steps

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Al-Anon Twelve Traditions

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants - they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining out-side contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

What is Al-Anon / Alateen

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon's Purpose

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Membership

The only requirement for membership is that there be a problem of alcoholism in a relative or friend. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

No Affiliation

Al-Anon is not allied with any sect, denomination, political entity, organization or institution, does not engage in any controversy, neither endorses nor opposes any cause.

Beginners / Newcomers

Specific Beginners' Meetings are currently available on Monday and Tuesday. You are always welcome to attend any meeting on the schedule.

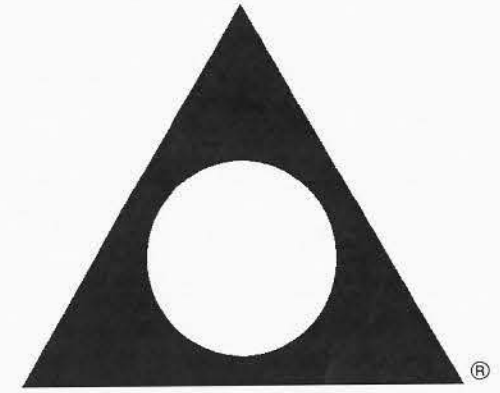
NOTES & PHONE NUMBERS

**Need Where and Whens?
Need to make changes?**
email: AFG150GroupRecords@gmail.com

Spring 2021

**ARE YOU AFFECTED BY
SOMEONE'S DRINKING?**

**Al-Anon & Alateen
Meeting Schedule**



"Where & When"

24 hour HELP Line
English 941-564-5098
Español 863-336-1135

Area 10 Website:

www.SouthFloridaAl-Anon.org

*For Lee & Hendry Counties
Fort Myers • North Fort Myers • Fort Myers Beach
Cape Coral • Sanibel • Captiva
Lehigh Acres • LaBelle • Pine Island*

Let It Begin with Me

**When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen
always be there, and - Let It Begin with Me.**

AFG Florida South, Inc.
P.O. Box 1676
Jensen Beach, FL
34958-1676

District 150 AFG
P.O. Box 61634
Fort Myers, FL
33906-1634

SUNDAY

9:30 AM PATHS TO RECOVERY AFG
FFO/LD
YANA Foundation (library room)
1185 Lake MacGregor Dr, **Fort Myers**

6:00 PM YOU ARE NOT ALONE ON SUNDAY AFG
FF/ST/D/
T&C/S
Cypress Lake United Methodist Church
8570 Cypress Lake Dr, **Fort Myers**

MONDAY

10:00 AM MOVING FORWARD AFG
FFO/D
Faith Lutheran Church
705 Leeland Heights Blvd, **Lehigh Acres**

2:00 PM KEEP IT SIMPLE AFG
FFO/D
Dry Palms Foundation
1251 Lamar Rd, **North Fort Myers**

6:00 PM PATHFINDERS AFG
FF/D/LD/ST/T
Fort Myers Christian School
1550 Colonial Blvd, **Fort Myers**
(entrance at school cafeteria)

6:30 PM *Beginner's Meeting*
FFO/B/D
BEGINNING ANEW AFG
1st United Methodist Church (room 105)
4118 Coronado Pkwy, **Cape Coral**

7:30 PM *Spanish Meeting / Encuentro Español*
FFO/ST
SUELTA LAS REINDAS Y DEJASELAS A DIOS GFA
462 E Cowboy Way, Unit 7, **LaBelle**
(parking in front and rear)

8:00 PM BEACH MONDAY NIGHT AFG
FFO/D/AA
Chapel By the Sea
100 Chapel St, **Fort Myers Beach**

TUESDAY

8:30 AM EIGHT THIRTY AM AFG
FF/ST
Sanibel Community Church (room 130)
1740 Periwinkle Way, **Sanibel Island**
(Jerry's side)

9:30 AM *Beginner's Meeting*
10:00 AM CIRCLE OF LOVE AFG
FFO/B/D
The AWOL Club
1313 Lafayette St, **Cape Coral**

6:30 PM LET IT BEGIN WITH ME AFG
FF/D/T/AA
St. Columbkille Catholic Church
12171 Iona Rd, **Fort Myers**
(education building behind church)

TUESDAY (continued)

7:30 PM SERENITY STAIRWAY AFG
FFO/D
Cape Coral Alliance Church
4307 Skyline Blvd, **Cape Coral**

WEDNESDAY

11:30 AM WE ARE NOT ALONE AFG
FFO/D
YANA Foundation
1185 Lake McGregor Dr, **Fort Myers**

6:00 PM SANIBEL NEW HOPE AFG
FFO/D/ST/
T/S
Sanibel United Church of Christ
2050 Periwinkle Way, **Sanibel Island**

6:45 PM WE SHARE WOMEN'S AFG
FFO/S/T/
D/W
Epiphany Episcopal Church
2507 Del Prado Blvd S, **Cape Coral**

7:00 PM 12 AND 12 AFG
FF/ST/AA
YANA Foundation (library room)
1185 Lake McGregor Dr, **Fort Myers**

8:00 PM MEN'S WEDNESDAY NIGHT MEETING AFG
FF/D/M/ST/
T&C/S
Epiphany Episcopal Church
2507 Del Prado Blvd S, **Cape Coral**

THURSDAY

10:30 AM CIRCLE OF HOPE AFG
FFO/ST/LD
Grace Church
13 SE 21st Pl, **Cape Coral**

1:00 PM LIVING THE STEPS AFG
FF/D/ST/AA
St. Columbkille Catholic Church
12171 Iona Rd, **Fort Myers**
(ministry building)

7:00 PM MOVING ON FROM LABELLE AFG
FF/D/AA
First Christian Church
138 Ford Ave, (Near Lee St), **LaBelle**

Nov-Mar *Seasonal Meeting*
8:00 PM PINE ISLAND AFG
FF/D/AA
Fishers of Men Lutheran Church
10360 Stringfellow Rd, **Pine Island**

8:00 PM SHARING TOGETHER AFG
FFO/D/ST/T
Riverside Church #130
8660 Daniels Pkwy, **Fort Myers**
(K-1st lime green room)

FRIDAY

12:00 PM DAYTIME AFG
FF/D/LD
Sanibel Community Church (room 130)
1740 Periwinkle Way, **Sanibel Island**
(Jerry's side)

12:00 PM HOW IT WORKS AFG
FFO/D/LD
Estero United Methodist Church
8088 Lord's Way St, **Estero**
(room 12-14)

12:00 PM FRIDAY NOON AFG
FFO/D/LD
Grace Church of Olga - Fort Myers
Shores
14036 Mantanzas Dr, **Fort Myers**
(follow signs on left from worship hall to classrooms)

6:00 PM DAYS OF HOPE AFG
FF/D/LD/AA
Iona-Hope Episcopal Church
9650 Gladiolus Dr, **Fort Myers**

8:00 PM FRIDAY'S EXPERIENCE STRENGTH & HOPE
FFO/D
Grace Church (corner of Hancock
Bridge Pkwy)
13 SE 21st Pl, **Cape Coral**

SATURDAY

9:00 AM SERENITY SEEKERS AFG
FF/D/ALT/
ST/T&C/S
YANA Foundation (large main room)
1185 Lake McGregor Dr, **Fort Myers**

9:15 AM DISCOVERING CHOICES AFG
FF/LD/AA
Faith Methodist Church
15690 McGregor Blvd, **Fort Myers**

AFG DISTRICT 150 MONTHLY MEETING

SECOND All Members Welcome!
SATURDAY Cypress Lake United Methodist Church
10:30 AM 8570 Cypress Lake Dr, **Fort Myers**

ALATEEN MEETINGS

SATURDAY YOUNG SERENITY SEEKERS ALATEEN
9:00 AM YANA Foundation (library room)
1185 Lake McGregor Dr, **Fort Myers**
Alateen Age Limit: 10-18

CLUBHOUSE LOCATIONS

Dry Palms Foundation - (239) 997-1314
1251 Lamar Rd, **North Fort Myers**
From North Cleveland Ave, east on Pondella Rd, then
north on Lamar Rd.

YANA Foundation - (239) 481-2539
1185 Lake McGregor Dr, **Fort Myers**
From Cypress Lake Dr, south on Fiesta Way (across
from Rutenberg Park). Fiesta Way turns into Lake
McGregor Dr, go right to clubhouse.

The AWOL Club - (239) 541-0030
1313 Lafayette St, **Cape Coral**
From Cape Coral Pkwy, south on Vincennes St, then
east on Lafayette St.

MEETING LEGEND

- FF** Meeting Attendees - Families and Friends Only (Closed Meeting)
- FFO** Meeting Attendees - Families, Friends, and Observers Welcome (Open Meeting)
- AA** Simultaneous AA Meeting
- AFG** Al-Anon Family Groups
- ALT** Simultaneous Alateen Meeting
- B** Beginners Meeting
- C** Concept Meeting
- D** Discussion Meeting
- GFA** Grupo de Familia Al-Anon
- LD** Literature Discussion Meeting
- M** Men Only Meeting
- S** Speaker Meeting
- ST** Step Meeting
- T** Tradition Meeting
- W** Women Only Meeting
- *** There has been a change to this meeting

For up-to-date meeting info call: 800-344-2666
or visit: www.al-anon.org

Al-Anon Family Group Headquarters, Inc.
World Service Offices
1600 Corporate Landing Parkway
Virginia Beach, VA 23454